

REMINDERS

- Sign-up for monthly guidance lessons in Google apps
- Report Card Conferences Distribute Title I Policy & School Compact
- Make sure to fill out a referral form before sending a student to the counselor's office.

IMPORTANT DATES:

- Oskar– Alley Theatre 4
- Donuts for Dad 8
- Brighter Bites 17
- Cloverleaf Fire Dept 18
- Pajama Day 21
- Sports Jersey and Hat 22
- Unity Day– Wear orange and sunglasses 23
- Crazy Hair and Socks Day 24
- Dress Up Like a Rock Star 25
- Medal of Honor 25

Character Education

MS. MCCABE

SCHOOL COUNSELOR

October: Compassion & Tolerance

Wow! We have made our way to October. I feel that this has definitely been the busiest year yet. Meetings, trainings, conferences, it just doesn't seem to be slowing down.

Take a breather. Make sure you are taking care of yourself, as well as your students.

This month we are focusing on the traits of compassion and tolerance.

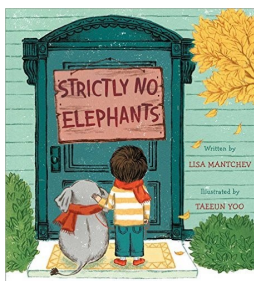
We want to teach our students to be accepting of others cultures and differences despite our personal beliefs.

Here are a few activities you can do in the classroom:

- **Compare/Contrast**– You can use pictures of pets with different types of fur. Ask students how to take care of the pet. Teacher can make a Venn-diagram to show similarities and differences of pets. Then discuss how the pet would be treated differently from the other. Students will recognize that despite their fur color, they will be treated the same.
- **Feelings**-Make comic mood characters. With your students, cut out pictures from newspapers and magazines showing people depicting a wide array of different emotions. After gluing them on paper, guess together how each person feels based on nonverbal clues. Draw balloons over each person's head and write appropriate words to express what the character might say based on his/her body language.
- **C** – Call attention to the insensitive, uncaring behavior. **A** – Ask, —How would you feel? **R** – Recognize the consequences of the behavior. **E** – Express and explain your disapproval of the insensitive action.

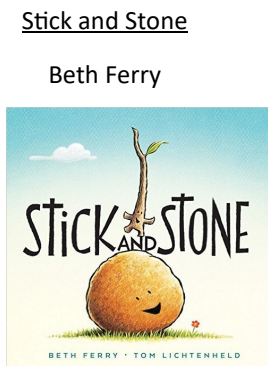


Books You'll Love



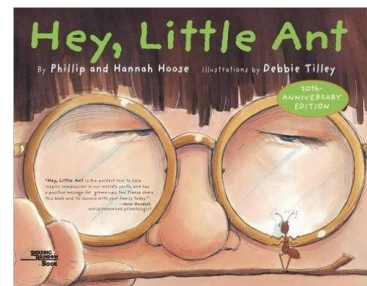
Strictly No Elephants

Lisa Mantchev



Stick and Stone

Beth Ferry



Hey Little Ant

Phillip and Hannah Hoose

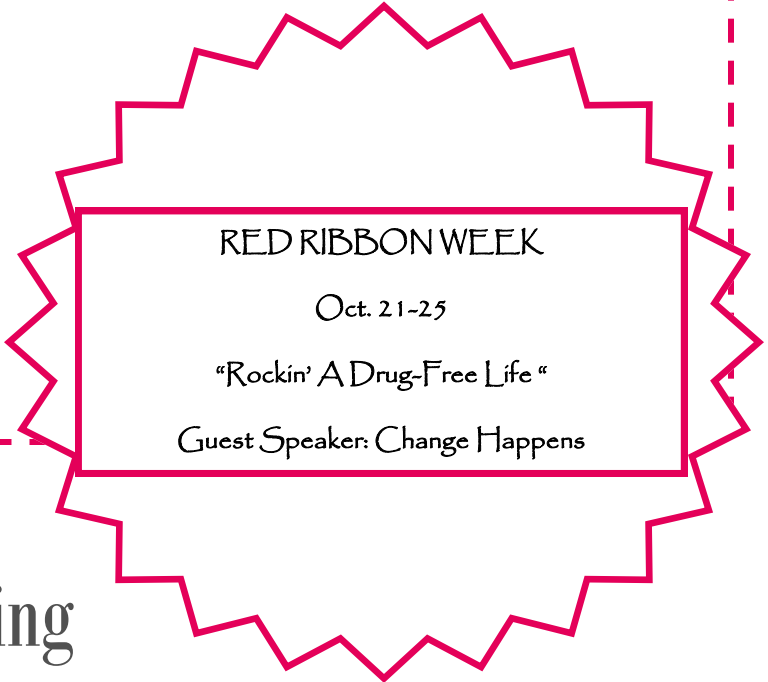


Sam
Houston
Elem.

National Bullying Prevention Month

This month we are learning about the difference between teasing and bullying. We need to teach our students that bullying is not tolerated in Galena Park ISD.

If you suspect a child is being bullied, or is a bully, please contact an administrator.



RED RIBBON WEEK

Oct. 21-25

“Rockin’ A Drug-Free Life “

Guest Speaker: Change Happens

Bullying vs. Teasing

CONFLICT	RUDE	MEAN	BULLYING
Occasional	Occasional	Once or Twice	Is REPEATED
Not planned; in the heat of the moment	Spontaneous: unintentional	Intentional	Is planned and done on purpose
All parties are upset	Can cause hurt feelings; upset	Can hurt others deeply	The target of the bullying is upset
All parties want to work things out	Based in thoughtlessness, poor manners or narcissism	Based in anger; impulsive cruelty	The bully is trying to gain control over the target
All parties will accept responsibility	Rude person accepts responsibility	Behavior often regretted;	The bully blames the target
An effort is made by all parties to solve the problem			The target wants to stop the bully's behavior; the bully does not
Can be resolved through mediation	Social skill building could be of benefit	Needs to be addressed/ should NOT be ignored	CANNOT be resolved through mediation

Giving is the secret of a healthy life, not necessarily money, but whatever a person has of encouragement, sympathy and understanding.

—John D. Rockefeller, Jr

Compassion

is everything